

Mental Health Week  
08-13 October 2017

You are invited to

# NeuRA

# talks

SYD  
MEL

FREE

NeuRA talks across  
Mental Health Week

- Learn about new research pathways
- Meet leading neuro scientists
- Your chance to ask questions and seek solutions



BOOK NOW

[www.neurataalks.org](http://www.neurataalks.org)

## Speakers



**PROF PETER  
SCHOFIELD**

**Executive Director and Chief Executive Officer, NeuRA**

**Under the Microscope:  
Identifying Genes that lead to Mental Illness.**

My passion has always been about the discovery and cure of disorders of the brain. My research interests have focused on identification of genes related to mental illness from Bipolar and Depression to Schizophrenia.

I look forward to sharing the latest research projects in development at NeuRA and our global news and breakthrough stories when we meet during Mental Health Week.

Please join us at NeuRAtalks for more inspired information around Mental Health research and discoveries.

[www.neurataalks.org](http://www.neurataalks.org)



**DR NIKKI  
WILLIAMS**

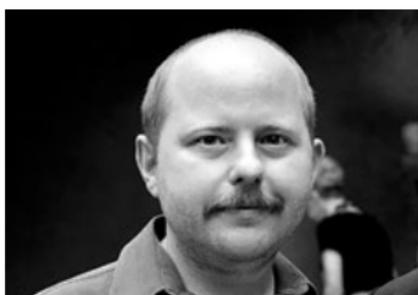
**Managing Depression and Living a Full Life:**

**The quest to conquer the Everest in my Brain.**

My talk is about my personal life journey, finding out I suffered from depression and deciding to equip myself for the challenges I needed to conquer the Everest in my brain and live a full life.

*My talk will help you to:*

- Know you are not alone
- Open the lid on real conversations around depression
- Share my true stories battles and conquest's
- Above all share the love and the hope that you can live a full life – not always perfect but then is it ever?



**DR RICHARD  
SCHWEIZER**

### SPECIAL GUEST

Dr Schweizer has Schizophrenia. In his NeuRAtalks Dr Schweizer walks us through his journey from initial symptoms to how he feels about the future.



**PROF CYNDI  
SHANNON WEICKERT**

**Freedom from Schizophrenia:**  
A search for answers and my quest for a cure.

*My talk will cover:*

- What is Schizophrenia?
- My quest for a cure and why?
- Insights into exciting new research pathways
- Why we might have discovered a new clue?
- Importance of understanding and support in the community

*Join me to find out more about my quest to find a cure for Schizophrenia.*



**DR JAN  
FULLERTON**

**Understanding the Biological Basis of Bipolar Disorder**  
Looking at Causes and Treatments.

*My talk will help you to better understand:*

- The genetic and environmental factors involved in the development of bipolar disorder
- How these trigger severe mood swings
- The next stage of my current research into genetic susceptibility

## NeuRA Lighting the Way



*Lighting up the building for  
Mental Health Week*

**MENTAL HEALTH WEEK** at NeuRA – Neuroscience Research Australia, is an important week where we share our knowledge, research, leading new programs, and current information on a range of mental health disorders of the brain. At NeuRA we play a vital role in the global research community, we translate our research across neuroscience, by participating in international scientific symposiums to share our discoveries. And now we sit at the threshold of a number of significant advancements which we would like to share with you.

# NeuRA talks SYDNEY

## Sunday 8th October

3 – 5pm

### Lighting the Way

FREE Public Lighting Spectacular Event

Location: NeuRA

139 Barker Street, Randwick NSW

- Free face painting
- Glow lantern display
- Free icecream
- Great family afternoon
- Building lights-up at sunset

## Monday 9th October

### FREE SEMINAR 1

Addressing Mental Health Research,  
Discovery and Cures – find out what's  
happening?

10-11:30am

Location: NeuRA

139 Barker Street, Randwick, NSW

*Dr Nikki Williams* MC

Speakers:

*Prof Cyndi Shannon Weickert*

*Dr Jan Fullerton*

Special Guest Speaker:

*Dr Richard Schweizer*

+ will include a Q&A session

Light morning tea will be served

### FREE SEMINAR 2

Looking Ahead – where is mental health  
research going and how will it change our  
lives and families?

6-7:30pm

Location: NeuRA

139 Barker Street, Randwick, NSW

Light refreshments will be served

*Dr Nikki Williams* MC

Speakers:

*Prof Cyndi Shannon Weickert*

*Dr Jan Fullerton*

Special Guest Speaker:

*Dr Richard Schweizer*

+ will include a Q&A session

Light refreshments will be served

## Tuesday 10th October

### FREE SEMINAR 3

**Managing Mental Health in the workplace  
– a search for answers and cures**

12:30-1:45pm

Location: The NSW State Library  
The Metcalf Room, Macquarie Street  
NSW 2000

*Dr Nikki Williams* MC

Speakers:

*Prof Cyndi Shannon Weickert*

*Dr Jan Fullerton*

Special Guest Speaker:

*Dr Richard Schweizer*

+ will include a Q&A session

Light refreshments will be served

BOOK NOW

Seats are limited so book NOW!  
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## NeuRA talks MELBOURNE

## Wednesday 11th October

### FREE SEMINAR 4

**Addressing Mental Health Research,  
Discovery and Cures  
– find out what's happening?**

6-7:30pm

Location: The State Library of Victoria  
Swanston Street Melbourne

*Professor Peter R Schofield* MC

Speakers:

*Prof Cyndi Shannon Weickert*

*Dr Jan Fullerton*

Special Guest Speaker:

*Dr Nikki Williams*

Will include a Q&A session

Light refreshments will be served

FREE

Book your FREE seat and bring a friend to one of our NeuRA talks seminars. Seats are limited so book NOW! [www.neurataalks.org](http://www.neurataalks.org)

## Join Us Online

You can also go online to watch many of the FREE NeuRAtalks seminars during Mental Health Week at: [www.neurataalks.org](http://www.neurataalks.org)

### STEPS TO WATCH THE SERIES ONLINE



- 1 Go to [www.neurataalks.org](http://www.neurataalks.org)
- 2 Register to receive a reminder on the day of the launch.
- 3 Follow the link on your reminder email to watch the series online.

**Launching on Tuesday 10th October at 7pm.**

Each night online we will release a new NeuRAtalks seminar during Mental Health Week, please join us online.

## FREE Magazine

Register for our FREE NeuRAtalks Mental Health Week Magazine.

- 1 Go to [www.neurataalks.org](http://www.neurataalks.org)
- 2 Click the FREE MAGAZINE button.
- 3 We will send this to you during Mental Health Week complimentary from NeuRA.

## For further information

Discovery is not just a word associated with our quest to explore space and time, it is also the mantra we live and breathe at NeuRA. We are excited to share these special talks with you during Mental Health Week 2017.

*Lighting the way in neuroscience research across Mental Health Week*

[www.neurataalks.org](http://www.neurataalks.org)

